

### **IPL/ResurFX Aftercare Instructions**

- Apply sunscreen daily SPF30+
- Wash your skin twice daily with gentle cleanser
- Apply moisturizer as needed for dryness
  - Cetaphil, CeraVe, La Roche Posay, Neutrogena Hydro Boost
- Avoid hot showers and strenuous activity for at least 48 hours
- Do not exfoliate or use retinol products for at least 7 days
- It is normal to have redness like a mild to moderate sunburn, slight swelling and possible crusting for up to 2 weeks
  - IPL causes dark spots to become crusty and fall off on their own. Do not pick or scratch the darkened area

If you have any additional questions or concerns please call (713)468-2200 option 2